

SUPER COMPANY

accelerating a winner culture!

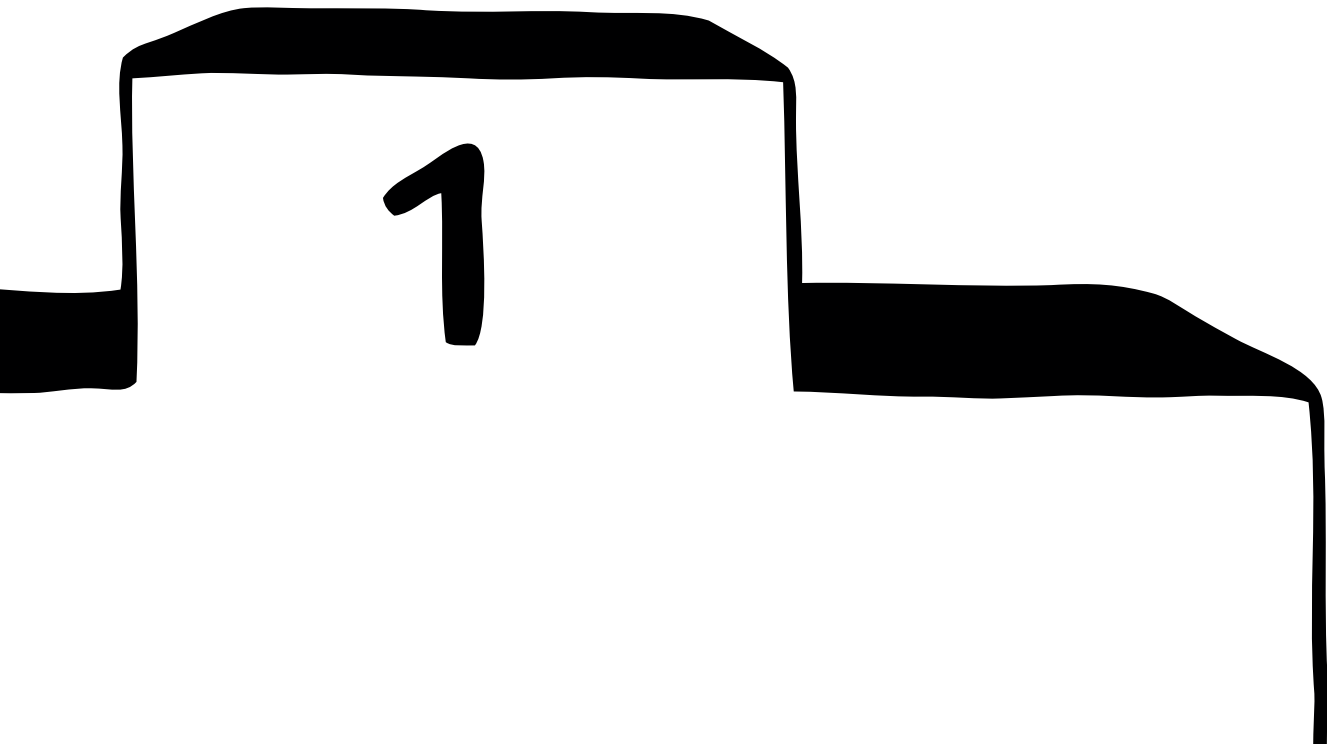




FOTO: © ANDREAS HOUMANN

World's best workplaces

Our client companies are internationally recognized as among the **World's Best Workplaces**. We transform corporate culture by empowering employees to take control of their work and personal lives. **We call it Life Navigation.**

The Life Navigation program helps you and your colleagues achieve the optimal work-life rhythm. It's a 5-step program (3 hours per training session) and it gives you four concrete tools about time, goals, energy and spaces – each of which can provide a significant boost to your productivity and life quality.

Our client companies are international companies in 10 countries (e.g. Abbott, AbbVie, Roche and Medtronic). More than 3000 people has been trained and we have a train-the-trainer concept in Norway, Austria and Germany.

Read more about the Life Navigation concept and some of our results: Work-Life Balance satisfaction increased from 39% to 95% while the employee turnover decreased from 31% to 10% in AbbVie Denmark.

Camilla Kring, Ph.D.
Founder & owner

life navigation concept

15 hours training course



individual	168				work-life balance								
organisation	overview of tasks	not to do	at what times are you most productive? 	where do you find space for calmness? <table border="1"><tr><td>thursday</td><td>friday</td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></table>	thursday	friday							
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Case: AbbVie Denmark ¹	2006	2011	2017
Work-Life Balance satisfaction	39%	95%	99%
Employee turnover	31%	10%	
Unsolicited applications		+300%	
Recruitment costs		-50%	
Great Place to Work in Denmark ranking	37	1	1

Super Navigators' award-winning customers

2009: CSR Award to Abbott Ireland

2011: AbbVie Denmark is nr. 1 in the Great Place to Work competition in Denmark

2014: AbbVie Norway is nr. 1 in the Great Place to Work competition in Norway

2015: Corporate Health Award to AbbVie Germany


2016: AbbVie Germany is awarded nr. 2 in Top Employer in Germany

2017: AbbVie Norway is nr. 1 in the Great Place to Work competition in Norway

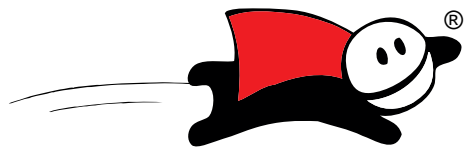
2017: AbbVie Denmark is nr. 1 in the Great Place to Work competition in Denmark

2017: AbbVie is nr. 6 in the World's Best Workplaces competition

¹ formerly Abbott Denmark



and the award
goes to...



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